



Family & Child Consultants

Training | Consultancy | Supervision

ThriveLead: Trauma-Informed Leadership & Management Program for Early Childhood

Information and Pricing Guide for South Australian Early Childhood Services



PRESCHOOL BOOST	PROGRAM TYPE	DELIVERY
Menu Program for eligible services	Educator Upskilling Leadership & Mentoring	Live Online, In-Person or Blended

Funding can be used by eligible services
Eligible Flying Start partner services can use Preschool Boost funding to purchase evidence-informed menu programs and supports.
Services should add chosen supports to their Preschool Boost plan and obtain OECD Local Team approval before purchase.

Format	6 sector-specific interactive workshops plus 3 x 1-hour individual leadership coaching sessions.
Participants	Up to 25 staff included in the standard package; additional participants quoted per person.
Focus	Trauma-informed leadership, reflective practice, staff wellbeing, cultural safety, relational communication and workplace-based projects.
Price	Full program \$9,635 ex GST for up to 25 staff. Additional participants \$482 ex GST each. Travel may apply; see pricing page.

ABOUT THE PROGRAM

What is ThriveLead?

ThriveLead: Trauma-Informed Leadership & Management Program for Early Childhood is an intensive, evidence-informed leadership development journey for early childhood leaders, managers and coordinators. The program equips leaders with advanced skills, reflective practices and practical tools to lead trauma-informed, resilient teams and create emotionally safe, culturally responsive environments for staff and children.

Family & Child Consultants delivers ThriveLead as a leadership and educator upskilling program for ECEC and preschool services. It is suited to services wanting to strengthen staff wellbeing, reflective practice, communication, trust, inclusion, trauma-informed daily practice and service-wide quality improvement.

At a glance	
Audience	Early childhood leaders, managers, coordinators, directors, room leaders and emerging leaders.
Preschool Boost category	Educator upskilling; leadership and mentoring.
Intervention level	Tier 1 universal, whole-service leadership development.
Primary AEDC domain	Emotional maturity.
Secondary AEDC domains	Social competence and communication skills and general knowledge.
Availability	All areas of South Australia through live online, in-person or blended delivery.

Why services choose ThriveLead

- It builds trauma-informed leadership capability in the people who shape service culture and educator practice.
 - It combines sequenced group workshops, individual coaching and workplace-based leadership projects.
 - It supports reflective practice, staff wellbeing, inclusion, cultural safety, communication and continuous improvement.
 - It complements play-based, teacher-led preschool programs by strengthening emotionally safe and relational service environments.
 - It aligns with Preschool Boost priorities, AEDC domains and whole-service quality improvement conversations.
- Not an individual child therapy program

ThriveLead is delivered as educator and leadership professional learning with implementation support. It is not a diagnostic assessment, clinical treatment or one-to-one child intervention.

OUTCOMES AND EVIDENCE-INFORMED PRACTICE

What participants learn

Lead through a trauma-informed lens Understand trauma impacts and apply trauma-aware leadership in daily decisions.	Strengthen relational communication Build communication, conflict resolution and feedback practices that support trust.
Support staff wellbeing Recognise stress, vicarious trauma and burnout risks and strengthen practical wellbeing supports.	Lead for cultural safety and inclusion Embed culturally responsive, inclusive leadership across everyday service practice.
Deliver workplace projects Use action planning and service-based projects to translate learning into practice.	Use reflection and coaching Apply reflective practice, coaching conversations and evidence collection to sustain change.

Expected outcomes

Children	More emotionally safe, predictable and inclusive environments where children can build emotional regulation, confidence and prosocial skills.
Educators	Improved support from leaders, stronger wellbeing practices, clearer communication and more consistent trauma-informed responses.
Leaders	Greater confidence in trauma-informed leadership, reflective practice, relational communication, cultural safety and service improvement.
Services	Sustainable whole-service leadership culture that supports AEDC priorities, staff wellbeing and quality improvement.

Evidence-informed foundation

- Grounded in research on trauma-informed practice, child development, neurobiology and attachment-informed relationships.
- Uses best-practice adult learning principles including workshops, coaching, workplace projects, reflective practice and multi-modal evidence.
- Supports educator wellbeing and team culture, which are key conditions for emotionally safe and responsive ECEC environments.
- Aligns with AEDC domains, the National Quality Standard, Be You wellbeing principles and child-safe, culturally responsive practice.

Plain-language promise

The program is practical, coached and workplace-focused. Leaders learn, reflect, apply and receive support to embed change in real ECEC service settings.

DELIVERY MODEL

How the program is delivered

Total duration	Approximately 15 hours of structured learning and coaching, plus workplace-based project work.
Session structure	6 x 2-hour interactive group workshops plus 3 x 1-hour individual leadership coaching sessions per participant.
Scheduling	Usually delivered over 6 months, with workshops scheduled monthly or fortnightly to support workplace application.
Delivery modes	Live online, in-person or blended delivery.
Group size	Standard package includes up to 25 staff; additional participants quoted separately.
Facilitation	Delivered by experienced Family & Child Consultants facilitators and coaches specialising in trauma-informed leadership and early childhood practice.

What is included

Learning components - 6 facilitated interactive workshops - trauma-informed leadership foundations - change management and implementation - staff wellbeing and vicarious trauma - relational communication and difficult conversations - culturally responsive leadership and inclusion - reflective practice and continuous improvement	Implementation support - 3 individual leadership coaching sessions - two workplace-based leadership projects - action planning templates and resources - leadership reflection journal - feedback on projects and reflections - optional peer learning and networking
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Designed to fit service realities Services can request online delivery to support regional access, in-person delivery for whole-team engagement, or a blended model. Scheduling can be shaped around rosters, term demands and staff availability.
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PRESCHOOL BOOST AND PRICING

Menu funding and booking pathway

Family & Child Consultants offers ThriveLead as a Preschool Boost-aligned leadership and educator upskilling program. Eligible Flying Start partner services can use Preschool Boost funding to purchase evidence-informed menu programs and supports. Services should include selected supports in their Preschool Boost plan and seek OECD Local Team approval before purchasing. All menu prices exclude GST.

1 Identify need	2 Select support	3 Seek approval	4 Book delivery
Use AEDC, QIP and local context to confirm your leadership focus.	Choose ThriveLead if it aligns to your Preschool Boost plan.	Add the program to your plan and obtain OECD Local Team approval.	Request a quote and agree dates, mode and participant numbers.

Pricing summary

Item	Basis	Inclusions / notes	Price ex GST
Full program package	Per service/cohort	6 workshops, 3 coaching sessions, two workplace projects, resources, feedback and implementation support for up to 25 staff.	\$9,635
Additional participant	Per participant	Additional participant price where cohort size exceeds 25, subject to facilitator capacity and agreed delivery format.	\$482
Indicative 26-participant quote	Package + 1 participant	Shown for transparency. Final quote confirms participant numbers, GST and delivery mode.	\$10,117
Travel - in-person delivery	Beyond 25 km from Adelaide CBD	Travel charged at \$193.99 per hour ex GST for round-trip travel beyond a 25 km radius from Adelaide CBD. No travel fee within 25 km.	Quoted as required
GST	Invoice item	All quoted prices are exclusive of GST unless stated otherwise.	Additional

Pricing note for services This guide provides public-facing pricing information. Please request a formal quote before adding final costs to your service plan. Multi-site or multi-program bookings may be discussed by negotiation, and travel is quoted only where relevant.
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NEXT STEPS

How to request more information or a quote

To help us prepare accurate advice and a quote, please include the following details in your enquiry:

- service name and location
- whether you are a Flying Start partner service intending to use Preschool Boost funding
- number of participants and preferred delivery mode
- preferred term, dates or scheduling constraints
- leadership, team wellbeing, QIP or AEDC priority areas
- whether you require online, in-person or blended delivery

Contact Family & Child Consultants

Phone	08 7134 028
Phone	1300 789 649
Email	nikigent@familyandchildconsultants.com
Website	www.familyandchildconsultants.com
Program webpage	www.familyandchildconsultants.com/ecec
Suggested email subject	ThriveLead Preschool Boost enquiry - [Service name]

Suggested wording for your Preschool Boost plan

We will engage Family & Child Consultants to deliver ThriveLead: Trauma-Informed Leadership & Management Program for Early Childhood as leadership and educator upskilling. The program will strengthen trauma-informed leadership, reflective practice, staff wellbeing, relational communication, cultural safety and whole-service implementation, aligned to the AEDC domain of Emotional Maturity with secondary benefits for Social Competence and Communication Skills and General Knowledge.

Source notes

- Program content and delivery model are based on Family & Child Consultants ThriveLead Preschool Boost supplier response and evidence documents.
- Pricing is based on the Appendix 1 Pricing Schedule supplied for ThriveLead. All prices shown are exclusive of GST unless stated otherwise.
- Final quotes may vary by participant numbers, delivery mode, service location, scheduling and travel requirements.

Current as at June 2026
Preschool Boost funding and menu arrangements can change. Services should check current Office for Early Childhood Development guidance and confirm plan approval requirements before purchasing.